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Leadership University  
N.P. CARE & COUNSEL 301- Lay Biblical Counseling

*Beloved, I pray that you may prosper in all things and be  
in all health, just as your soul prospers* **3 John 1:2**

### **COURSE DESCRIPTION**

This course is an introduction to lay biblical counseling as it pertains to providing inner healing. Students will be taught counseling tools through God's Word, while utilizing training from the solution focused counseling model. This course will discuss the best practices of being a lay counselor that ministers to the total person: mind, spirit, and emotions.

### **COURSE OBJECTIVES**

*Upon completion of this course:*

1. Students will understand what Lay Biblical Counseling is.
2. Students will receive training on ethics and other professional responsibilities they must uphold as a lay counselor.
3. Students will gain confidence in their abilities to listen and take notes during counseling sections.
4. Students will learn to operate in the gifts of the Holy Spirit in order to provide the ministry of inner healing and deliverance as needed in a counseling session.

### **COURSE REQUIREMENTS**

#### **Textbook**

Textbooks are mandatory for lecture and homework purposes. The following book(s) is need for successful completion of this course:

*Solution-focused Pastoral Counseling: An Effective Short- term Approach for Getting People Back on Track* Kollar, Charles Allen

(Textbooks, workbooks, lab fees, etc. are a normal part of the cost of your education.)

Photocopies of the pages will not be accepted for credit. This constitutes a breach of copyright law and drives up the cost of textbooks. You will enter your book assignments into the portal

each week for review.

### **Portal Access and Usage**

All TWLU classes require students to have digital access to our portal during lecture times and in order to complete all course content and assignments. As well as giving online students the ability to access the live stream lectures (*which are in real time and cannot be retrieved at a later time*).

### **Attendance**

You are expected to attend each class. Class attendance ensures your learning the material in its entirety. Only one excused absence will be allowed, with a prior approval by the professor. Unexcused absences are not acceptable and may result in the loss of points and/or the inability to complete assigned work.

Students are encouraged to discuss missed days with their TA to make arrangements to attend evening or Sunday lectures to obtain necessary instruction for course success.

### **Assignments**

Students are required to complete reading assignments on time and be prepared for class discussions and activities. Students are required to complete all assignments on time, complete assigned reading and be prepared for class discussions and activities. All written assignments must be entered into the portal using the Homework link at the bottom of each corresponding lesson. Grades cannot be given to assignments that are not turned in through the portal.

### **An Overview of the Course Work:**

1. Homework Assignments
2. Weekly in Class Quizzes
3. Midterm
4. Final Exam

Late work will only be accepted under special circumstances and only with prior **approval** from the TA or Student Success (see guidelines for absences). If late work is allowed, a late penalty of 10% will be applied.

1. **Homework:** is assigned weekly and can be found on course syllabus. Must be submitted before the following class period using the appropriate assignment link in portal.
2. **Quizzes:** are mandatory and should be completed during allotted time following the class lecture. Failure to complete at appropriate time may result in loss of points.
3. **Midterms:** are a take home assignment that may be done open book. And each midterm must be completed once opened (it has a time constraint). Please do not save and try to return, because it must be done in same day of opening and the system will automatically submit.

4. **Finals:** must be done in person and are closed book. Only physical Bibles are permitted in test taking area. Please bring acceptable device to class to access your account on test taking days and any necessary batteries or cords.

### **PLAGIARISM AND STUDENT CONDUCT**

Leadership University upholds the highest standards when it comes to development of classwork and assignments. All work should be your own.

- Plagiarism is unacceptable and will result in an immediate failure of the course. If you did not write the words, they do not belong in your paper. You cannot COPY AND PASTE anything from a book, the internet or any other source and put it in your paper.
- Do NOT include direct quotes unless the quote is cited properly and gives the author credit. Describe the material in your own words. Do not use words you do not understand.
- You are free to consult with classmates about assignments and to study for finals together, but please ensure that your work is your own. If your work looks too much like your classmates, plagiarism rules may be enforced.

### **Points Possible**

Quizzes (9x20)	180 points
Homework (8 x25pts.)	200 points
Midterm	150 points
Final Exam	200 points

Total points possible = **730**

### **Grading Scale**

A = 730 - 657

B = 656 - 584

C = 583 - 511

D = 510 – 438

F = 437 - 0

**Note:** Course lecture schedule may be adjusted as the course unfolds. However, the book exercises and all other assignments will continue to be due on the dates identified in the schedule above.

# Course Schedule

(Answer all homework in the online portal assignment textbox)

Date	Topic	Assigned Reading	<b>Assignment</b>
Aug. 27 <sup>th</sup>	Intro Lay Biblical Counseling	Ch. 1 – 2	Find scriptures to use during sessions with trauma.
Sept. 3	<b>No Class due to Holiday</b>	Ch. 3 – 4	Complete a crisis safety plan with someone. Create a list of local resources for abused and/or suicidal people.
Sept. 10	Ethics and Etiquette	Ch. 5	Half page essay: describe definition of choice. Explain the importance of choice in regard to the health & success of your own life.
Sept. 17	Counselor and Counselee responsibilities	Ch. 6, 13	List a couple of solution- focused conversations you could have according to your given example scenario.
Sept. 24	Practice 1: Listening & Questioning	Ch. 8 – 9	<b>Take home Mid-Term</b>
Oc. 1	Practice 1: Listening & Questioning Practicum	Ch. 10 – 11	Practice listening & complete note worksheet with a partner
Oct. 8	<b>No Class due to holiday</b>		
Oct. 15	Practice 2: Note Taking & File Management	Ch. 15 – 16	Submit video of yourself explaining & completing our liability form with a counsel.
Oct. 22	Practice 3: Goal Setting	Ch. 12, 14	Use scalability to measure three of the following situations.
Oct. 29	Practice: 2&3 Note Taking & Goal Setting Practicum	Ch. 17	Compete a smart goals worksheet for yourself.
Nov. 5	Deliverance Counseling	<b>Study for final</b>	
Nov. 12	<b>Final Exam</b>		