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Leadership University
NPCC 301
Lay Biblical Counseling

COURSE DESCRIPTION

This course is an introduction to lay biblical counseling as it pertains to providing inner healing. Students will be taught counseling tools through God's Word, while utilizing training from the solution focused counseling model. This course will discuss the best practices of being a lay counselor that ministers to the total person: mind, spirit, and emotions.

COURSE OBJECTIVES

Upon completion of this course:

1. Students will understand what Lay Biblical Counseling is.
2. Students will receive training on ethics and other professional responsibilities they must uphold as lay counselors.
3. Students will gain confidence in their abilities to listen and take notes during counseling sessions.
4. Students will learn to operate in the gifts of the Holy Spirit in order to provide the Ministry of inner healing and deliverance as needed in a counseling session.

REQUIRED TEXTS

Kollar, Charles Allen. *Solution-focused Pastoral Counseling: An Effective Short-term Approach for Getting People Back on Track.* June 02, 1997. Zondervan.

(Textbooks, workbooks, lab fees, etc. are a normal part of the cost of your education.)
Photocopies of the pages will not be accepted for credit. This constitutes a breach of copyright law and drives up the cost of textbooks.

REQUIREMENTS

Portal Access and Usage

All TWLU classes require students to have digital access to the portal during lecture times in order to complete all course content and assignments. The portal also gives students the ability to access the live stream lectures (*which are in real time and cannot be retrieved at a later time*).

Attendance

You are expected to attend each class. Class attendance ensures you learn the material in its entirety. Only one excused absence will be allowed, with prior approval by the instructor. Unexcused absences are unacceptable, resulting in the loss of quiz points and inability to complete assigned work. Students are encouraged to discuss missed days with their TA to determine if an alternate option is available to obtain instruction necessary for course success.

Late Work

Late work without penalty will only be accepted under special circumstances and only with prior approval from the TA or Student Success (see Attendance guidelines). The **late work penalty** is 10% per week. Homework assigned prior to midterms will not be accepted after the midterm exam due date. Absolutely no homework will be accepted after the last day of class.

Assignments

Class structure consists of a 45min lecture followed by a 45min practicum each week. Students are required to complete reading assignments on time to be prepared for class discussions and activities. Students are also required to complete all assignments on time. All assignments must be submitted into the portal using the Homework Link at the bottom of each corresponding lesson. **Scores cannot be issued for assignments that are not turned in through the portal.**

Coursework

1. Homework: is assigned weekly and can be found on the last page of the course syllabus. Homework is due one week after assigned and must be submitted before the following class period using the appropriate assignment link in the portal (*see Late Work policy*).
2. Quizzes: are mandatory and should be completed during allotted time **immediately** following the class lecture. Failure to complete it at an appropriate time may result in loss of points. Quizzes are viewed as “in class” quizzes and have a 10-minute time limit.
3. Midterm: a take home assessment that may be done open book. The midterm must be completed once the test has been opened since it has a time constraint. Midterms cannot be saved to return to it later. If you try to do so, your test will automatically be submitted causing a loss of points for the questions not answered.
4. Final: must be done in person and is closed book. Only physical Bibles are permitted in the test taking area. Please bring an acceptable device to class to access the portal on test taking days and any necessary cords or charger.

PLAGIARISM AND STUDENT CONDUCT

Leadership University upholds the highest standards when it comes to the development of classwork and assignments. All work should be your own.

- Plagiarism is unacceptable and will result in an immediate failure of the course. If you did not write the words, they do not belong in your paper. You cannot COPY AND PASTE anything from a book, the internet or any other source and put it in your paper.
- Do NOT include direct quotes unless the quote is cited properly and gives the author credit. Describe the material in your own words. Do not use words you do not understand.
- You are free to consult with classmates about assignments and to study for finals together, but please ensure that your work is your own. If your work looks too much like your classmates, plagiarism rules may be enforced.

An Overview of the Course Assignments:

1. Homework Assignments
2. Weekly Quizzes
3. Midterm
4. Final Exam

Points Possible

Quizzes (9 x 20 pts)	180 points
Homework (7 x 25 pts)	175 points
Midterm	150 points
Final Exam	200 points

Total points possible = **705**

Grading Scale

A = 705 - 634

B = 633 - 564

C = 563 - 493

D = 492 - 423

F = 422 - 0

Course Schedule

Dates	Topic	Assigned Reading*	Homework Assignment (Due the following Class)
JAN 18	Intro Lay Biblical Counseling <ul style="list-style-type: none"> ● Class format, submitting homework and role-playing exercise 	Ch. 1 – 2	Half page essay: Write your own definition of choice. Also, explain the importance of choice regarding the health & success of your own life.
JAN 25	Ethics and Etiquette <ul style="list-style-type: none"> ● Counseling Manual & process to counsel @ TWWO 	Ch. 3 – 4	Find scriptures to use during sessions with trauma.
FEB 1	No School	Ch. 5	
FEB 8	Counselor and Counselor Responsibilities <ul style="list-style-type: none"> ● <i>Practicum: Solution Focused Counseling Model (w/Biblical Lens vs. Christian Care)</i> 	Ch. 6, 13	List a couple of solution-focused conversations you could have according to your given example scenario.
FEB 15	Practice 1: Listening & Questioning <ul style="list-style-type: none"> ● <i>Practicum: Extended Intake</i> 	Ch. 8 – 9	Submit a video of yourself explaining & completing the liability form with a “counsel.”
FEB 22	Practice 2: Note Taking & File Management <ul style="list-style-type: none"> ● <i>Practicum: Crisis Safety Plan</i> 	Ch. 10 – 11	Take Home Midterm
MAR 1	Practice 3: Goal Setting <ul style="list-style-type: none"> ● <i>Practicum: Identifying and establishing goals</i> 	Ch. 15 – 16	Complete a crisis safety plan with someone and a list of local resources for abused and/or suicidal people.
MAR 8	Deliverance Counseling <ul style="list-style-type: none"> ● <i>Practicum: Scalability, emotion trackers and journaling</i> 	Ch. 12, 14	Complete a smart goal worksheet for one of your own goals.
MAR 15	Deliverance Counseling cont. with <i>prayer practicum</i>	Ch. 17	Use scalability to measure three of the situations provided with a mock “client.”
MAR 22	Role Playing Practicum	Study for Final (<i>All work due before final</i>)	
MAR 29	Final Exam <i>Proctored in class, closed book. All homework must be submitted before the final.</i>		

* The course lecture schedule will be adjusted and developed as the course unfolds.

However, the book exercises—and all other assignments—will continue to be due on the dates identified in the schedule below.