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Leadership University  
Non-Profit CARE & COUNSEL 301  
Lay Biblical Counseling

### **COURSE DESCRIPTION**

This course is an introduction to lay biblical counseling as it pertains to providing inner healing. Students will be taught counseling tools through God's Word, while utilizing training from the solution focused counseling model. This course will discuss the best practices of being a lay counselor that ministers to the total person: mind, spirit, and emotions.

### **COURSE OBJECTIVES**

*Upon completion of this course:*

1. Students will understand what Lay Biblical Counseling is.
2. Students will receive training on ethics and other professional responsibilities they must uphold as a lay counselor.
3. Students will gain confidence in their abilities to listen and take notes during counseling sections.
4. Students will learn to operate in the gifts of the Holy Spirit in order to provide the ministry of inner healing and deliverance as needed in a counseling session.

### **REQUIRED TEXTS**

Kollar, Charles Allen. *Solution-focused Pastoral Counseling: An Effective Short-term Approach for Getting People Back on Track*. June 02, 1997. Zondervan.

(Textbooks, workbooks, lab fees, etc. are a normal part of the cost of your education.)

Photocopies of the pages will not be accepted for credit. This constitutes a breach of copyright law and drives up the cost of textbooks. You will be assigned weekly reading that corresponds with lecture and homework must be entered into the portal each week for review and grading.

## **REQUIREMENTS**

### **Attendance**

You are expected to attend each class. Class attendance ensures your learning the material in its entirety. Only one excused absence will be allowed, with a prior approval by the professor. Unexcused absences are not acceptable and may result in the loss of points and/or the inability to complete assigned work.

### **Late Work**

Late work will only be accepted under special circumstances and only with **prior approval** from the professor (see guidelines for absences). If late work is allowed, a late penalty of 10% will be applied.

Leadership University upholds the highest of standards when it comes to development of classwork and assignments. All work should be your own. Plagiarism is unacceptable and will result in an immediate failure of the course.

1. If you did not write the words, they do not belong in your paper. You cannot COPY AND PASTE anything from a book, the internet or any other source and put it in your paper.
2. Do NOT include direct quotes unless the quote is cited properly and gives the author credit. Describe the material in your own words. Do not use words you do not understand.
3. You are free to consult with classmates about assignments, but please ensure that your work is your own. If your work looks too much like your classmates, plagiarism rules may be enforced.

### **Assignments**

Students are required to complete reading assignments on time and be prepared for class discussions and activities. Students are required to complete all assignments on time, complete assigned reading and be prepared for class discussions and activities. All written assignments must be entered into the portal using the Homework link at the bottom of each corresponding lesson. Grades cannot be given to assignments that are not turned in through the portal.

## **An Overview of the Course Assignments:**

1. Homework Assignments
2. Weekly Quizzes
3. Midterm
4. Final Exam

## **Points Possible**

Quizzes (7x20)	140 points
Homework (8 x25pts.)	200 points
Midterm	150 points
Final Exam	200 points

Total points possible = **690**

## **Grading Scale**

A = 690 - 657

B = 656 - 584

C = 583 - 511

D = 510 – 438

F = 437 - 0

\* The course lecture schedule will be adjusted and developed as the course unfolds. However, the book exercises—and all other assignments—will continue to be due on the dates identified in the schedule below.

## Course Schedule

	Dates	Topic	Assigned Reading	Assignment
Week 1	Sept 8	Intro Lay Biblical Counseling	Chp. 1 – 2	Find scriptures to use during sessions with trauma.
Week 2	Sept 15	Ethics and Etiquette	Chp. 3 – 4	Complete a crisis safety plan with someone. Create a list of local resources for abused and/or suicidal people.
Week 3	Sept 22	Counselor and Counseelee responsibilities	Chp. 5	Half page essay: describe definition of choice. Explain the importance of choice in regard to the health & success of your own life.
Week 4	Sept 29	Practice 1: Listening & Questioning	Chp. 6, 13	List a couple of solution-focused conversations you could have according to your given example scenario.
Week 5	Oct 6	Practice 1 Practicum	Chp. 8 -9	<b>Take home Mid-Term</b>
Week 6	Oct 13	Practice 2: Note Taking & File Management	Chp. 10 – 11	Practice listening & complete note worksheet with a partner
Week 7	Oct 20	Practice 2 Practicum	Chp. 15 – 16	Submit video of yourself explaining & completing our liability form with a counsel.
Week 8	Oct 27	Practice 3: Goal Setting	Chp. 12, 14	Use scalability to measure three of the following situations.
Week 9	Nov 3	Practice 3 Practicum	Chp. 17	Complete a smart goals worksheet for yourself.
Week 10	Nov 10	Deliverance Counseling	<b>Study for final</b>	
Week 11	Nov 17	<b>Final Exam</b>		