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Leadership University
Non-Profit CARE & COUNSEL 301- Lay Biblical Counseling

COURSE DESCRIPTION

This course is an introduction to lay biblical counseling as it pertains to providing inner healing. Students will be taught counseling tools through God's Word, while utilizing training from the solution focused counseling model. This course will discuss the best practices of being a lay counselor who ministers to the total person: mind, spirit, and emotions.

COURSE OBJECTIVES

Upon completion of this course:

1. Students will understand what Lay Biblical Counseling is.
2. Students will receive training in ethics and other professional responsibilities they must uphold as lay counselors.
3. Students will gain confidence in their abilities to listen and take notes during counseling sections.
4. Students will learn to operate in the gifts of the Holy Spirit in order to provide the ministry of inner healing and deliverance as needed in a counseling session.

REQUIREMENTS

Textbook

Kollar, Charles Allen. *Solution-focused Pastoral Counseling: An Effective Short-term Approach for Getting People Back on Track*. June 02, 1997. Zondervan.

(Textbooks, workbooks, lab fees, etc. are a normal part of the cost of your education.)

Photocopies of the pages will not be accepted for credit. This constitutes a breach of copyright law and drives up the cost of textbooks. You will be assigned weekly reading that corresponds with lecture and homework must be entered into the portal each week for review and grading.

Portal Access and Usage

All TWLU classes require students to have digital access to our portal during lecture times and in order to complete all course content and assignments. As well as giving online students the ability to access the live stream lectures (*which are in real time and cannot be retrieved at a later time*).

Attendance

You are expected to attend each class. Class attendance ensures you learn the material in its entirety. Only one excused absence will be allowed, with prior approval by the professor. Unexcused absences are not acceptable and may result in the loss of points and/or the inability to complete assigned work.

Students are encouraged to discuss missed days with their TA to make arrangements and obtain necessary instruction for course success.

Assignments

Students are required to complete reading assignments on time and be prepared for class discussions and activities. Students are required to complete all assignments on time, complete assigned reading and be prepared for class discussions and activities. All written assignments must be entered into the portal using the Homework link at the bottom of each corresponding lesson. Grades cannot be given to assignments that are not turned in through the portal.

An Overview of the Course Work:

1. Homework Assignments
2. Weekly in Class Quizzes
3. Midterm
4. Final Exam

Late work will only be accepted under special circumstances and only with prior **approval** from the TA or Student Success (see guidelines for absences). If late work is allowed, a late penalty of 10% will be applied.

1. **Homework:** is assigned weekly and can be found on course syllabus. Must be submitted before the following class period using the appropriate assignment link in portal.
2. **Quizzes:** are mandatory and should be completed during the allotted time following the class lecture. Failure to complete it at an appropriate time may result in loss of points.
3. **Midterms:** are a take home assignment that may be done open book. And each midterm must be completed once opened (it has a time constraint). Please do not save and try to return, because it must be done on the same day of opening and the system will automatically submit.

4. **Finals:** must be done in person and are closed book. Only physical Bibles are permitted in test taking area. Please bring an acceptable device to class to access your account on test taking days and any necessary batteries or cords.

Leadership University upholds the highest of standards when it comes to development of classwork and assignments. All work should be your own.

- Plagiarism is unacceptable and will result in an immediate failure of the course. If you did not write the words, they do not belong in your paper. You cannot COPY AND PASTE anything from a book, the internet or any other source and put it in your paper.
- Do NOT include direct quotes unless the quote is cited properly and gives the author credit. Describe the material in your own words. Do not use words you do not understand.
- You are free to consult with classmates about assignments, but please ensure that your work is your own. If your work looks too much like your classmates, plagiarism rules may be enforced.

Points Possible

Quizzes (8x20)	160 points
Homework (6 x25pts.)	150 points
Midterm	150 points
Final Exam	200 points

Total points possible = **660**

Grading Scale

A = 660 - 576

B = 575 - 512

C = 511 - 448

D = 447 – 384

F = 383 - 0

* The course lecture schedule will be adjusted and developed as the course unfolds. However, the book exercises—and all other assignments—will continue to be due on the dates identified in the schedule below.

Course Schedule

Dates	Topic	Practicum	Assigned Reading	Assignment
Jan 14	Intro Lay Biblical Counseling	Attachment Theory	Ch. 1	Find scriptures to use during sessions.
Jan 21	Ethics and Etiquette	Child Abuse Reporting & Crisis Plan	Ch. 3, 20	Complete a crisis safety plan with someone. Create a list of local resources for abused and/or suicidal people.
Jan. 28	NO CLASS		Ch 4	NO CLASS
Feb. 4	Counselor and Counselee responsibilities	Paradigm Shift	Ch. 5,7	List a couple solution focused conversations you could have according to your given example/scenario at the end of today's lesson.
Feb. 11	Practice 1: Listening & Questioning	Anatomy of a file	Ch. 9,10	Take home Mid-Term
Feb. 18	Practice 2: Note Taking & File Management	Listening, Intake, Notetaking	Ch. 11,12	Practice listening & complete note worksheet with a partner.
Feb 25	Practice 3: Goal Setting	Scalability Smart goals	Ch 13,14	Complete a Smart Goal Worksheet for one of your 2024 goals
March 3	Deliverance Counseling	Descalate	Ch. 18 - 19	Create a scale for each of the scenarios assigned and submit in question form, with what info you hope to gain from both sides of the scale.
March 10	Session Role Playing		Study for Final	
March 17	<i>Final Exam</i>			